

Victoria

On Demand *Opinion Writing*

Different people love different sports, basket ball, base ball, tennis, even ping pong, though you don't get much of a workout. I think that swimming is the best sport. I think swimming is the best sport for many reasons, it gives you exercise - everywhere, it's fun to do, and it cools you down.

The first reason why I think swimming is the best sport is because it gives you exercise.

For example, when you do strokes like freestyle, backstroke, and butterfly, it gives your arms a good workout. Another example is if you do a stroke like Breast stroke, your legs get good exercise. This proves my idea because swimming is a great sport not only for your self, but for your body too.

Along with getting good exercise, I think swimming is the best sport because it is fun to do. For example, if you don't want to swim alone,

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you can also swim with friends. If you swim with friends, swimming is even better to do. Another example is, if you feel bored swimming around a pool, turn it up, you can do some dives, jumps, and cannon balls from starting blocks and springy boards. This proves my idea because swimming can be fun while being the best sport.

Going along with giving you exercise and it being fun, after a hard sport, it can easily cool you down. For example, it's a hot day, in the summer, water just won't do it. If you go swimming, you cool down fast and you get a nice exercise too. Another example is when your done with another land sport like baseball, tennis, or foot ball, it doesn't take much to get you sweaty. So all you need is a dip in a cool pool with waves and it will cool you down

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In 5 seconds! You can even count it!

This proves my idea because swimming is the best sport because after a land one, a pool will be handy, just to cool off in.

As you can see there are lots of reasons why I think swimming is the best sport; it gives you exercise, it's fun to do, and it cools you down. I know there may be lots of other sports that have these elements but, in my opinion, no sport can ever be in comparison with how swimming does it.

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Kid's Cell Phones

By Ethon

I think kids should have cell phones. They should, because if one kid gets it then a lot will and one will be left out. Also the U.S. department of justice says 797,500 children are reported missing a year in the U.S. That is 2,185 a day.

Children need cell phones or they're left out. Imagine you are in school. Nobody has cell phones. Then your friend gets one. Then another friend. Next all of a sudden everyone has a phone but a select few. You are in that select few. That is how it feels to be in a kid's shoes. For instance that kid would be left out.

Cell phones. We need them. 797,500 kids are reported missing a year in the U.S. A lot of them do not have cell phones. Why weren't the kidnapers caught before they kidnaped. The kids did not have cell phones. If the kids did have cell phones, they would have been safe. Some kids

are a little bit irresponsible,
although they can still save their
lives. 3 numbers and they are safe,
9/11. As soon as they dial those numbers
they are safe. With cell phones at
least half of the kidnapped would
be safe.

Help save missing children. If
you are a parent get your child
a phone. It can mean the difference
between life and death. Also, keep
your child happy and communicative.
It will also help you bond
to. That is why kids should have
cell phones.